

Autumn Orienteering Training Camp

Kiskunság

DATE: 7–11th November, 2016 (Monday–Friday)

PROGRAMME:

Monday am	10:00–12:00	Izsák	Training with contours only
Monday pm	14:00–16:00	Izsák	O–intervals, start situation practice
Tuesday am	10:00–12:00	Kaskantyú	Middle distance in juniper terrain
Tuesday pm	14:00–16:00	Kaskantyú	One person relay with mass start
Wednesday am	10.00–12.00	Pirtó	Classic distance
Wednesday pm		Free programme	Recommended: Jonathermál bath, Kiskunmajsa
Thursday am	09.00–11.30	Ágasegyháza	Corridor course
Thursday pm	15.00–16.00	Kecskemét	Sprint training
Friday am	10:00–12:00	Izsák	Classic distance
Saturday	12:00	Bócsa	Autumn Juniper Open, day 1
Sunday	10:00	Bócsa	Autumn Juniper Open, day 2

ACCOMODATION:

Cottage in Kaskantyú (for 10–12 persons) for 8€/person/day. No meals included, there is a kitchen.

Other options for accomodation in the area: Kiskőrös, Kiskunmajsa, Kecskemét (hotels) –

Attention: the center of Kecskemét is embargoed for JWOC 2018!

ENTRY FEES:

Maps with course:

3 €/person/training

Training with setup:

2 €/person/training (min 40€/training)

DEADLINE FOR ENTRIES:

Wednesday, 26thOctober, 2016

ENTRY:

Zoltán Dénes: deneszoli@t-online.hu

Classic course length information for your entries:

- **S** (short) : ~25–30 min
- **M** (middle) : ~40–50 min
- **L** (long) : ~60–70 min

ADDITIONAL INFORMATION:

- SPORT ident is available for the trainings.
- We will try to organize transport if needed.
- Further details in the next bulletin.